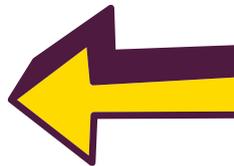




FOCUS Ireland



WALKING NOTES

STAGE 4: ARZUA TO RUA 19KM

Walking Notes

This is a shorter section, and you may get to Rua before even noticing it! This is a peaceful walk, with eucalyptus trees becoming more and more part of the landscape. Finally, you reach Rua, a quiet hamlet, with only 21 kms from Santiago!

The Camino leaves Arzúa along a footpath, NOT the road. If you arrived at the main square, walk past the church (with your back to the road) and turn right onto the side street. The terrain is pleasant, a blend of trails and paved roads through small towns and lots of forests. There are a few steep sections but none of any considerable length.

This section of the walk has some steep uphill to follow, some in woodlands and sometimes on gravel tracks through fields of crops. The Camino then alternates between country roads and forest tracks,

passing through some hamlets where shops and café can be found.

Crossing a stream with tracks and country roads before heading back onto a national road. Eventually you will branch off to the right at a grassy area.

This will lead onto a forest track. You will pass through an underpass to continue on a dirt track through meadows and woodlands. Keep following the well indicated arrows.

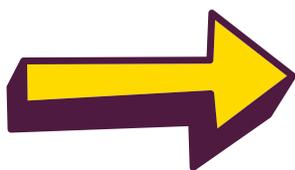
You will arrive at the N-547 road, which you cross over and take the pilgrim path along the side of the main road, up to a crossroads at the top of the hill. There are several bars here. Cross over the road to continue on the narrow country road to the right that runs through garden's before turning left onto a forest track, through Eucalyptus trees to enter Rua, a charming little hamlet with stone farmhouses and where the only traffic jams are due to cattle on the road!



About Rua

A Rúa is a mostly rural Galician municipality in the comarca of Valdeorras, eastern province of Ourense, 101 km (63 mi) from the provincial capital, Ourense. An inhabitant of the area is known as a Rués (plural Rueses).

Since ancient times Valdeorras (a district within Rua) has been a wine-producing region due to its climate and position on the river Sil. Its main source of income remains the production of wines and spirits. The scenery throughout Rua is beautiful with lots of eucalyptus trees in the woodlands.



19KM

